

2024 Young 86'ers Youth Soccer Camp

Camp Schedule

6:00-6:12 - warm up

6:12-6:15 - water

6:15-6:35 - Skill 1

6:35-6:40 - water

6:40-7:00 - Skill 2

7:00-7:05 - water

7:05-7:25 - Skill 3

7:25-7:30 - water

7:30-7:50 - Skill 4

7:50-7:55 - water

7:55-8:10 - Team Practice

8:10-8:30 - Live Games

Skill Leaders - need to plan on 1 drill and 2 games each day. Skill games are not scrimmages. They should be fun games related to the skill taught that day. So skills leaders need 3 drills and 6 games. Split time 6-7 minutes of drill, 6-7 minutes of game #1, and 6-7 minutes of game #2.

Passing - Jaren, Malachi, Liv

Dribbling - Joey, Tristan, Colton

Shooting - Alex, Evan, Katie

Defending - Anthony, Gavin, Bailey

Group Escorts - escorts are to help at each skill session. They should keep count of kids and keep them on task. These positions are not free time.

JJ/Chance/Zayden

Keegan/Cael/Kendra

Adam/Delaney/Brayden

Keaton/Bella

<u>U7 Coaches</u>	<u>U10 Coaches</u>	<u>U13 Coaches</u>
Jaren/Katie/Adam	Joey/Tristan/Brayden	Zach
Liv/Malachi	Anthony/Evan/JJ	Ian
Cael/Alex/Keaton	Bella/Delany/Colton	Gavin
Kendra/Keegan/Bailey	Chance/Zayden/Garin	