



For July there are no scheduled training sessions. All athletes (minus the ones who have spoken to Coach) are expected to help with the youth camp July 25-28. More information regarding the camp will be sent as we get closer to those dates.

**August 1-5**

6:15-8:30 AM  
6:00-8:15 PM

**August 6**

8:00-10:00 AM

**August 8-10**

6:15-8:30 AM  
6:00-8:15 PM

**August 11**

7:00-8:30 AM  
7:00 PM @ Catholic

**August 12**

7:00-8:30 AM  
6:00-8:15 PM

**August 13**

Scrimmage TBD

**August 15-19**

6:00-7:20 AM  
6:00-8:15 PM

