

# PPHS Boys Soccer - Student-Athlete Expectations

## School Expectations

1. Student-athletes will follow all team, school and county policies.

## Attitude Expectations

1. Soccer is a team sport. The essence of team sports is that an individual who chooses to participate on a team willing attempt to achieve their personal goals within the total team concepts
2. Players will maintain positive relationships with their teammates, coaches, teachers, administrators, parents, opponents, and officials.
3. Players will be attentive during instruction and be able to demonstrate competency and comprehension of tactics and strategies prior to contests.
4. Players will work hard and support their teammates.
5. Student-athletes will make choices at practice, games, school, and in the community that represent the best interest of the team.

## Fitness Expectations

1. All players are expected to be able to complete level 14 of the yo-yo beep test and run 2 miles under 14:00.01 every time.

## Training Expectations

1. Players are expected to attend ALL practices and or training sessions on time.
  2. Players will use the bathroom PRIOR to the start of the warm-up, in the bathroom at the stadium. Additional bathroom breaks can be taken during breaks not during training.
  3. Players receiving treatment must arrive 40-30 minutes prior to training to receive treatment.
  4. When injured, players will adhere to the trainers return to play plan.
  5. Players who are sick should be seen by a doctor as soon as possible
  6. Players will remain at practice until dismissed.
  7. Practice is not over until the cool down is complete and EVERY athlete helps put away all training items.
- ☐ **Saturday Training** - If a student-athlete misses a Saturday training session for ANY reason they will not be permitted to start the following game and will not be available to sub in for at least 10 minutes. If 2 Saturday sessions are missed the time becomes 20 minutes. If 3 Saturday sessions are missed then 40 minutes. The only exception to the increase in time on the bench is co-curricular activity participants.

## Missing Training

1. Players who miss training will not be permitted to start the next varsity game and they will sit out 20 minutes for every training session missed, with the following exceptions:
  - a. Student-athletes who enter animals at the fair will be permitted to miss 3 training sessions during fair week. If a player is showing more than 1 animal we can make arrangements for additional accommodations.
  - b. Student-athletes who present a doctors excuse for missed trainings will only be required to sit out 10 minutes per missed training.
  - c. Student-athletes who miss for a school related experience will not start the next varsity game.

\*\* Student-athletes who miss practice are receiving consequences because they are not present at a scheduled training session. If they miss for a protest, church, vacation bible school, etc they are being held accountable for not being present at training. Consequences are not being assigned because of a student's religious beliefs or other first amendment protections.

## Concussions - Return to Play

1. Return to play will be handled by our training staff. It is my recommendation that if a player is suspected of having a concussion they need to let OUR training staff evaluate them before attempting to be seen by another professional.
2. If a player is diagnosed with a concussion they must do the following:
  - a. Be seen by our trainer EVERY day

- b. Athlete may not attend trainings or games while in the first two days of the protocol.
- c. Players are expected to stay in a low stimulus environment until they reach day 2 of the protocol.

### **Game Day Expectations – Home Game**

1. On game day, players will wear the team clothing item the team chooses to wear.
2. Players will arrive at home games 60 minutes prior to kick-off.
3. Student-athletes may only ride home from an away contest with their parent or guardian.
4. The bench area will be well organized, bags will be placed in a central location in an orderly fashion.
5. Student-athletes will attend all games in which they are expected to attend.

### **Game Day Expectations – Away Game**

1. Student-athletes will ride the bus to away games.
2. Players will arrive for away trips 10 minutes prior to departure.
3. When traveling, athletes will follow and meet all school and county policies.
4. The bus is to be completely clean before the trip is considered complete.
5. The bench area will be well organized, bags will be placed in a central location in an orderly fashion.
6. Student-athletes will attend all games in which they are expected to attend.

### **Junior Varsity**

1. All members of the team may be selected to play JV soccer. Coaches will do their best to determine JV rosters at least 2 days in advance of a game.
2. JV roster decisions will be made based on multiple factors.
3. Athletes on a JV game roster will play at least half of the game, unless other plans with individual athletes are made prior to the game. For example, a varsity player may be recovering from injury, and JV minutes may be used to help them rehab or regain fitness. JV games are not for varsity players who want to score goals or just have fun.
4. JV Attendance
  - a. For home, stand-alone JV games all members of the team are expected to attend. Players not chosen for the bench roster will wear assigned clothing. They will sit in the bleachers behind the bench. Only team members will sit behind the bench. Players not on the bench roster will remain seated for the duration of play. There will be NO trips to the bathroom, concession stand, or home side bleachers except at halftime.
  - b. For home JV games, before or after a varsity game. The players not on the JV bench roster will sit together behind the bench in the bleachers.
  - c. For away JV only games, only the players selected will travel.
  - d. For away JV games, before or after a varsity game, the players not selected for the JV game will sit together in a place determined upon arriving at the venue. If JV plays second for an away game, varsity players MUST stay and watch. They may not be signed out.
  - e. Varsity players who skip supporting JV players will sit out a minimum of 40 minutes of the next varsity game.
5. If a player refuses to play JV, they will not get varsity playing time until they fulfill their JV assignment.
6. If a player is too injured to play JV, they are too injured to play varsity

### **Mobile Devices**

1. Mobile device usage
  - a. Mobile devices will not be used from the time practice starts until after all equipment is put into storage.
  - b. Mobile devices will not be used between arriving at the game site until after the game is complete and the post-game meeting is complete.

### **Film Study Expectations**

1. Student-athletes in the soccer program are expected/required to analyze, on their own and in group, their performance and team performance.
2. During group film study, there is to be no eating in the film study room and no cell phones.
3. Student-athletes may be assigned film to watch, if they fail to do so, they will not start the next game.

## **Social Media/Team Communication Expectations**

1. Every athlete is expected to have the TeamSnap and Hudl app downloaded on their mobile device. They should also have notifications turn on. This is the official communication app for groups of players, coaches, and parents.
2. Athletes are expected to engage on the TeamSnap and Hudl app to all questions or announcements with some type of acknowledgement.

*\*\* Special Note on Social Media – Typically the student-athletes have a group chat on another social media platform. The coach's cannot make athletes engage in the team group chat nor can the coaches monitor this group chat. Within this group chat student-athletes should practice professionalism. Which means avoiding the following things:*

- a. *Leaving the group because you get mad*
- b. *Arguing or bullying teammates*
- c. *Allowing comments to boil over into other aspects of the team*
- d. *Removing teammates from the group chat*

## **Second Sports Expectations**

Soccer is considered a primary sport. If a student-athlete wishes to participate in a second fall sport they are expected to submit a full schedule of contests to the head coach and discuss any conflicts prior to the beginning of the season.

## **Athletes Working**

Players may work a job if they choose to do so. However, if practice or games are missed due to a job, the player will be suspended until a meeting can be scheduled with the head coach. This issue has been a distraction in the past. If this can potentially be an issue I would suggest the parents schedule a meeting with the coaches as soon as possible.

## **Parent/Athlete Concerns**

There is a chain of command for student-athletes who have concerns regarding the soccer team. The chain for concerns is as follows:

1. Athlete and coach meeting
2. Parent, athlete, and coach meeting (\*Parent/Coach meetings will only be held if at a minimum 2 coaches are available.)
3. Parent, athlete, coach, AD, and/or building principal meeting

## **Lettering/Post Season Awards**

1. Lettering – student-athletes will receive a varsity letter if they participate in 10 halves of varsity soccer.
2. Post-season awards have in the last 6 years become a persistent source of discontent. The coaching staff takes our post-season awards very seriously. We put a lot of energy into selecting our nominees for all-conference, all-state, and all-region. We put even more energy into the special team awards. The opinion of this staff is that we do not have to explain our decisions to anybody for post-season awards. The staff also has discussed discontinuing post-season recognitions.

## **Consequences**

1. Consequences for not meeting expectations may be but not limited to: verbal admonishment, player coach meeting, dismissed from training, loss of playing time, removal from team, additional fitness opportunities.
2. When an athlete behaves in such a way that the coaching staff must issue consequences for poor choices the consequences are kept private. Nobody else on the team and no parents on the team are required to know what the consequences were. Only under persistent and extreme circumstances will a player be permanently removed from the team.
3. Student-athletes who are suspected of committing level 3 or level 4 offenses within the school will be immediately suspended pending the outcome of the investigation. If it is determined that the student-athlete did commit a level 4 offense they will be removed from the team. If it is determined the student-athlete did commit a level 3 offense team removal is an option depending on the course of action of the county and/or school.

## **PPHS Boys Soccer - Parent/Guardian Expectations**

When families agree to allow their child to participate in the PPHS boys soccer program they are doing so understanding that they DO NOT get input into the position their child plays, how much time their child plays, the manner in which the team is trained, the tactics and strategies to be implemented during the season, and post-season awards.

Our goal is to have a positive and constructive relationship with all supporters of the Point Pleasant Boys' Soccer Program. We feel it is in the best interest of the student-athlete if the guardians/parents are involved in the program. In order to have a positive and constructive relationship with all parents/guardian the coaching staff believes we must set some expectations and offer suggestions for parents/guardians in order to make the experience constructive and positive for the student-athletes.

### **Things we encourage:**

1. Join the boosters organization and help out. The more active boosters we have the better it is for the student-athletes.
2. Attend the occasional practice
3. Attend all games
4. If you are unclear about something, ask questions... respectfully.
5. Follow the chain of command for concerns (see section on concerns)
6. Cheer positively for the team
7. Communicate effectively and positively with the coaching staff, other parents, fans, opposing fans, officials, and players.
8. Enhance the culture positively

### **Things we discourage:**

1. Coaching from the bleachers
2. Arguing with opposing team's fans
3. Saying anything to opposing team's players
4. Encouraging rough unfair play
5. Creating "your truth" comments to justify what's happening within the program
6. Using social media to air out concerns
7. Yelling, screaming at officials
8. Offering unsolicited advice regarding formation, tactics, playing style, and personnel topics

### **Coaches Preferred Communication**

Concerns are best discussed in person. The coaching staff will not engage in text or email discussions regarding issues.